



EMPLOYEE ASSISTANCE PROGRAM
National Joint Committee

Committee Members

Patrick M. Devine, USPS
Manager, Contract
Administration (NPMHU) &
Employee Workplace
Programs

Debby P. Szeredy, APWU
Executive Vice President

Manuel L. Peralta, Jr., NALC
Director, Safety & Health

Ad Hoc Member

Dr. Deborah J. Atkins, USPS
EAP Administrator

Meeting Minutes

June 18, 2020 NJC Meeting - Hosted by NALC

NJC Members present: Patrick Devine USPS
Manuel Peralta NALC
Debby Szeredy APWU
Eric Leslie NDBH
Mary Milner Assistant EAP
Absent Debbie Atkins

Scheduled Meeting WebEx 11:00 am - 3:00pm (EST)

Item #1 NJC reviewed May 2020 minutes, made edits and reached agreement. They will be updated and posted following today's meeting.

Discussed process in the event that posted minutes are to be modified. NJC agreed that changes must be approved by the NJC.

Item #2 Eric Leslie presented the May 2020 Month End report highlighting 11,304 web hits, 5,750 calls managed, 2,540 Clinical calls, 5348 My Strength sessions, 366 Talk Space sessions. The report also focused on the Library Topics of Relationships, Health and Emotional Wellbeing as well as Covid-19.

Average speed to answer at 7 Seconds and an abandonment rate of 1% indicates good service as viewed in the industry.

Item #3 Discussed July monthly focus to address Covid-19 as businesses are opening throughout the country,

September is Suicide Awareness Month, so materials will be developed providing all entities with sufficient lead time for distribution and publicity through their national publications. We discussed that statistics show an increase in suicides throughout the country outside of our postal world, with a more modest increase in our Postal World.

NJC discussed that Covid-19 has had an impact on the emotional well-being of society and created more need to connect. The first 5 months of calendar year 2020, show a 33% increase in suicides across the general public as compared with the same period last year.

Item #4 The NJC held a lengthy discussion on the logistics behind scheduling and holding District Advisory Committee (DAC) meetings. Discussion addressed that we still have too many DAC's not meeting. Are all DAC members receiving proper advance notice of meeting? Are the meetings being scheduled jointly well in advance? Are the DAC members being released so that they may attend the meetings? Many questions and need to establish expectations and protocol which will be memorialized by including best practices in future revisions of the DAC guidelines.

NJC also requested photos from the Honolulu DAC to use in the Spotlight. NALC will reach out to acquire.

Spotlight template pending feedback so that we can move forward.

Item #5 NJC Scheduled September meeting to be held on September 15, 2020.



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