



Employee Assistance Program National Joint Committee

NJC Members

Patrick M. Devine USPS

Manager, Contract Administration (NPMHU) & Employee Workplace Programs

Daleo Freeman APWU

Human Relations Director

Manuel L. Peralta, Jr., NALC

Director, Safety & Health

Neil Ryan NPMHU

Assistant to the National Officers

Ad Hoc Member

Dr. Deborah J Atkins USPS

EAP Administrator



Meeting Minutes

NJC Meeting Minutes
February 28, 2023

Present: Debbie Szeredy, Daleo Freeman, Manuel Peralta, Neil Ryan, Patrick Devine, Susan Wozniak, Eric Leslie

The meeting was hosted by the NPMHU.

The following agenda items were discussed.

1. The January 17, 2023 NJC meeting minutes were approved by APWU, NALC, NPMHU and USPS prior to the meeting and are posted on the EAP website.

2. The Month End Reports for January 2023 were reviewed and addressed. The Average Speed to Answer rate was 10. Calls managed were 7,023. The abandonment rate was 2%. The EAP4YOU.com page views were 45,123. The number of eligible employees was 636,458. Caregiving continues to be the number one Library Topic. Critical Incident Responses (CIR) was 33, which includes 5 suicides. Manny noted that the CIR on 1/8/23 for Pennsylvania 1 should be changed from unknown to suicide. Committee discuss the need to continue to provide information on suicide prevent to address the increasing numbers. The USPS will provide to the committee the suicide tracking number from 2010- present. EAP presentation at Union Activities were 6.

3. DAC Membership

The APWU, NALC and NPMHU have provided their DAC members and contact information to Susan, who will update the list.

4. Website

Monthly Focus for March is Setting and Maintaining Boundaries.

The committee had an extensive discussion on proposed changes to the Advisory Committee page on the website. Susan will make the agreed upon changes and presented the revised mock-up page at the next NJC meeting.

5. JCEAP – LA/Philadelphia Update on Positions

Patrick stated that there is a candidate for the Philadelphia vacancy who is currently in negotiations with local USPS. Debbie discussed the concern of the amount of time the position has been vacant, and how to improve the process.

6. Other Business

EAP Poster will be posted in all 792 USPS training classrooms.

In April the USPS will present to the NJC Workplace Improvement Resources available outside of EAP.

EAP Office location in Tallahassee still under review.

The NJC continues to discuss DACs for Brentwood, MD, and Boise ID.

In-The Moment (INM) Support services was discussed to include development of a definition / explanation to help clarify the difference between INM Support and a scheduled therapy session. Once completed the definition will be added to the EAP website.

The USPS will provide to the Unions the New Directions Behavioral Health contract upon receipt of NDAs.

DAC/JCEAP members training tentatively to be scheduled in May.

District HR managers will notify APWU, NALC and NPMHU NJC members when they schedule DAC meeting in their District. This is in addition to notifying their DAC members.

Daleo wanted to discuss Omaha Incident that occurred (race issue) Susan explained that she did discuss this with Daleo and followed up with handouts and facility visit.

7. Next meeting scheduled for March 28, 2023 at 11:00 A.M.