



**Employee Assistance Program**  
National Joint Committee

**NJC Members**

**Patrick M. Devine USPS**

Manager, Contract Administration (NPMHU) & Employee Workplace Programs

**Daleo Freeman APWU**

Human Relations Director

**Manuel L. Peralta, Jr.,  
NALC**

Director, Safety & Health

**Neil Ryan  
NPMHU**

Assistant to the National Officers

**Ad Hoc Member**

**Dr. Deborah J Atkins**

EAP Administrator

**Meeting Minutes**

March 28, 2023

Present: Debby Szeredy, Daleo Freeman, Patrick Devine, Manuel Peralta, Neil Ryan, Vanessa Carr and Eric Leslie

This meeting was hosted by the NALC

- 1) The NJC approved the February 2023 Minutes, as amended and they will be posted.
- 2) The month end report for February 2023, was reviewed providing the following:

The Average Speed to Answer (ASA) is 9 seconds or less; web hits dropped to 40,348 from 59,559. Calls managed remained strong at 5,996 and the abandonment rate remained at 2% and myStrength sessions reached 593.

One suicide was reported in February.

Grief and loss entered the top 10 library topics.

- 3) The NJC discussed scheduling DAC Orientation Sessions throughout the country. We agreed to schedule 10 DAC's at a time (not necessarily from the same Area) so that there is a better opportunity to get the message to the members of our DACs.

We also discussed recording a message to the DAC members thanking them for coming forward and showing that the NJC is here to support them.

The training materials which were prepared last year draw directly from the Advisory Committee Guidelines and are ready to go in the form of a PowerPoint.

We also addressed our agreement to have "courtesy copies" of all DAC scheduling notices sent to the union at the national level for them to forward to the appropriate union officials. This step was agreed to for the purpose of assisting a successful scheduling process.

- 4) This month's Monthly Focus is on EAP Awareness Month and is dedicated to highlighting the fact that the EAP program is confidential.

- 5) Discussion on additional steps that are being taken to draw interest in applying for counselor positions in Los Angeles and Philadelphia.

- 6) The Unions are looking for the names necessary to fill the Boise ID DAC, which was recently confirmed. The Brentwood DC facility also needs appointments.

- 7) The Next NJC meeting is scheduled for April 25, 2022.

