



## Employee Assistance Program National Joint Committee

### NJC Members

#### Patrick M. Devine USPS

Manager, Contract Administration (NPMHU) & Employee Workplace Programs

#### Daleo Freeman APWU

Human Relations Director

#### Manuel L. Peralta, Jr., NALC

Director, Safety & Health

#### Neil Ryan

NPMHU

Assistant to the National Officers

#### Ad Hoc Member

#### Susan Wozniak

EAP Administrator



### Meeting Minutes

NJC Meeting Minutes  
October 24, 2023

Present: Debbie Szeredy, Daleo Freeman, Manuel Peralta, Neil Ryan, Patrick Devine, Susan Wozniak, Elizabeth Bradley.

The meeting was hosted by the NPMHU.

The following agenda items were discussed:

The NJC was introduced to and welcomed Elizabeth Bradley, Executive Director of New Directions Behavioral Health and she currently will serve as the National Consultant for the USPS.

The August 15, 2023, and September 19, 2023, NJC minutes are under review and remain unfinished business.

The Month End Reports for September 2023 were reviewed and addressed. The Average Speed to Answer rate was 9. Calls managed were 6,531. The EAP4YOU.com page views were 25,539. Critical Incident Responses (CIR) were 40. EAP presentations at Union Activities were 13.

The DAC training session recording to be used to train new DAC members has been approved. The training session recording will be posted on the EAP website. Date for implementation to be determined.

DAC training Q&As are under review.

Recommendation to password protect the DAC meeting minutes was not approved.

DAC meeting issues for the NY District 3 were discussed. USPS NJC representative will research issues and update the NJC at the next meeting.

Monthly Focus for October is Radical Acceptance.

NJC Union representatives agree to review and update their national websites to provide a more prominent location for the EAP website link.

The EAP Program Administrator is in the process of developing an EAP Orientation webinar. The webinar would focus on the EAP services and resources that are available to USPS employees and their family members. The webinar would be held on the "First Friday" of each month. The webinar is scheduled to launch in January 2024.

The LA JCEAP Counselor resigned on October 13, 2023. JCEAP job description is currently being updated.

JCEAP hiring for LA and Philadelphia is ongoing. EAP Office location for the Tallahassee EAP Counselor still to be determined.

Discuss the need to spotlight positive EAP actions taken by the DACs throughout the country. The National EAP Survey done in 2010, showing positive history, was sent to the NJC Members for review.

Follow-up on (KY-WV) West Virginia DAC issues. MI-1 DAC meeting scheduled for 10-26-2023.

Discussed that all NJC members would be provided a copy of DAC/JCEAP updated members for all Unions, Management and Consultant assignments, as previously been a practice.

Next meeting scheduled for November 21, 2023, at 11:00 A.M.