



EMPLOYEE ASSISTANCE PROGRAM
National Joint Committee

Committee Members

Patrick M. Devine, USPS
Manager, Contract
Administration (NPMHU) &
Employee Workplace
Programs

Debby P. Szeredy, APWU
Executive Vice President

Manuel L. Peralta, Jr., NALC
Director, Safety & Health

Ad Hoc Member

Dr. Deborah J. Atkins, USPS
EAP Administrator

Meeting Minutes

October 13, 2020
EAP National Joint Committee
Hosted by APWU

NJC Members Present:

Patrick Devine USPS
Manuel Peralta NALC
Debby Szeredy APWU
Eric Leslie NDBH Mary
Milner Assistant EAP
Absent Debbie Atkins

Scheduled Meeting WebEx 11:00am- 3:00pm (EST)

Minutes: September 15, 2020 Minutes Approved and Published.

Month End Report: Reviewed change in "My Strength" CCBT Platform, "Talk Space" On Line Therapy change as of November 1, 2020, reviewed addiction/alcohol increase, and COVID calls increase.

The average Speed to Answer (ASA) continues at 6 seconds. There were 6745 calls managed, 2126 clinical calls, with an abandonment rate of 1%. There were 12,573 web page views. My strength activity of 270, Talk space activity (on line therapy) of 362 and 36 Critical Incident Responses.

Suicide Prevention: EAP will make inquiry to DACs and JCEAPs on 2020 Suicide Week activities and results from around the country. Next year plan to have flyers, campaign and promotions materials for Suicide Prevention Week completed by June or July.

Web App: The EAP App is still on hold due to USPS IT needing to further safeguard it. Eric explained that many apps on your phone just open to their website. It makes it convenient to go to the Home Page without having to search for it on Google. Hope to have it done soon.

DAC: "copy and paste" instructions on the opening notes page to help make it easier to enter the notes for DACs and JCEAPs without having to retype them all. Manny helped create the downloadable fill in the blank PDF which is now available to help the DACs keep track and pass the document for changes amongst themselves for notes approval. The first Spotlight Award was posted recognizing Honolulu DAC, will continue to review minutes for a new Spotlight Award.

JCEAPs: Reviewed JCEAP Committee issues involving the Los Angeles District needs for support and provide better access to the fillable meeting minutes format.

Other Business: Reviewed the final update on the DAC Guidelines. Make sure information is covered on the fillable meeting minutes format for easier DAC and JCEAP committees. Need to continue to keep the DAC/JCEAP List updated. USPS will contact HR Managers on making sure the DAC/JCEAP committee emails are updated by the members and that notices for meetings are sent out at least a week ahead of scheduled meeting and plan next scheduled meeting during committee meetings for better attended meetings in the





future.

Schedule Next Meeting: Next meet is November 17, 2020, no meeting in December 2020.

APWU: American Postal Workers Union, AFL-CIO
1300 L Street NW
Washington DC 20005-4107

USPS: Room 9326
475 L'Enfant Plaza SW
Washington DC 20260-9326

NALC: National Association of Letter Carriers
100 Indiana Avenue NW
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