



EMPLOYEE ASSISTANCE PROGRAM National Joint Committee

Committee Members

Susan M. Carney, APWU
Human Relations Director

Manuel L. Peralta, Jr., NALC
Director, Safety & Health

Allen E. Mohl, USPS
Manager, Contract Administration
(NPMHU) & Workplace
Environment Improvement

The meeting of the EAP National Joint Committee (NJC) was held on January 23, 2013 at APWU Headquarters.

Attendees included Sue Carney, (APWU), Allen Mohl (USPS), and Bob McCullough (EAP National Consultant, Magellan Health Services).

- The December 2012 monthly report was reviewed. There was a 1.6% decrease to employee population and a slight decrease in utilization which is not unusual for the month of December. EAP remained visibly present in the Newtown, CT facility in the immediate aftermath of the elementary school tragedy, and conducted more on-site visits as follow-ups with employees throughout the month. It was reported an additional 22 employees impacted by Hurricane Sandy requested assistance.
- The NJC discussed expanding its utilization reports to include additional EAP activities to capture a more accurate reflection of program utilization. The NJC will consider adding some aspects of call center, website viewing, CISM response and consultation in future utilization reports. Discussions also included a need to standardize JCEAP utilization reporting to coincide with the national program.
- The NJC discussed the possibility of reorganizing ACs to improve committee efficiency and effectiveness and to reenergize participation within each district.
- The NJC discussed a need for JCEAPs to have a 24 hour service whereby an employee can speak to a live person. At minimum 1-800-EAP4-YOU should be posted outside every postal EAP office and stated in all EAP voicemail greetings. The NJC will look into truncating all JCEAP lines to the National Call Center.
- In an effort to provide additional guidance to advisory committees the NJC plans to communicate expectations, goals, program changes and promotional strategies more frequently with committee appointees. A letter will be drafted directing committees to focus on raising awareness about EAP benefits, services and access; instilling program confidence and strengthening EAP relationships with union representatives, USPS officials, employees and family members. NJC members plan to write their respective leadership about the value of EAP and the importance of granting EAP professionals the opportunity to speak at organized postal and union functions.
- A suicide prevention and training program is being created for EAP staff to present to ACs, at union events and in group consultations.
- Promotional pieces were selected to help generate interest in EAP's new "Coaching" program. Coaching is available to all employees and their eligible family members. Some coaching topics include losing weight, smoking cessation, achieving goals, and getting organized.

Make the Call!

1-800-EAP-4-YOU

(1-800-327-4968)

TTY: 1-877-492-7341

www.EAP4YOU.com