



EMPLOYEE ASSISTANCE PROGRAM **National Joint Committee**

Committee Members

Susan M. Carney, APWU
Human Relations Director

Manuel L. Peralta, Jr., NALC
Director, Safety & Health

Patrick M. Devine, USPS
Manager, Contract
Administration (NPMHU) &
Employee Workplace
Programs

Ad Hoc Member

Dr. Deborah J. Atkins, USPS
EAP Administrator

The National Joint Committee (NJC) held a meeting on October 25, 2016 at the USPS Headquarters. Attendees included Manny Peralta (NALC), Sue Carney (APWU), Patrick Devine (USPS), Deborah Atkins (USPS EAP Administrator), and Bob McCullough (Magellan Health, Inc.) via phone.

Outstanding Meeting Minutes:

- ▶ Review of outstanding meeting minutes. June minutes needs consensus, July is awaiting the host to submit the minutes to the committee for review. No meetings in August or September, October minutes to be sent to NJC members expeditiously to get up-to-date on meeting minutes.

End of Month Report:

- ▶ Bob McCullough went through the report noting that the call volume has been consistently higher in this quarter and the year total is one of the highest to date. It was also reported that web hits have been higher this year as well, also a record high. Report of critical incident activity in Baton Rouge, LA and also Tallahassee, FL/Savannah, GA due to flooding.

DAC Appointees Update:

- ▶ Three districts are reporting a need APWU and NALC members appointed: Connecticut Valley, Colorado/Wyoming, and Greater Indiana. Current names on master member list will be sent to respective NJC members to review and make new appointments.

JCEAP Staffing:

- ▶ No reports that staffing requirements have been met. USPS will reach out to JCEAPs to expedite the needed steps to bring both sites to be fully staffed.

Advisory Committee Guidelines Update:

- ▶ Advisory Committee Guidelines have been made but final NJC approval is still pending. Final review is in reference to detailed updates designating language to new combining reference to both JCEAPs and DACs as ACs.

FY 2016 April EAP Awareness Month Awards:

- ▶ Decisions about awards were determined in a previous NJC meeting. Preparing awards and communication to the field and committees are in process

DAC Submissions:

- ▶ The Hawkeye DAC, the Triboro DAC, and the New York Metro DAC have all submitted video scripts for review and sanction from the NJC. It was determined that all 3 scripts need to be sent to the NJC in order to ensure consensus and get information back to the DACs.

Make the Call!

USPS Employee Assistance Program
1-800-327-4968
(1-800-EAP-4-YOU) TTY: 1-877-492-7341
www.EAP4YOU.com

Suicide Prevention Action:

- ▶ A new power point has been created presenting suicide prevention awareness in a myth/fact style. This style can be very helpful in attendees retaining the information and able to take it forward. Also, there are new handout material prepared and will be released after the new myth/fact presentation is reviewed. The presentation will be sent to the NJC for review.
- ▶ Briefly discussed was the FY 2016 death by suicides discussed. The 3rd year of formal suicide prevention efforts has yielded outcomes of a 21% reduction to SPLY. Further, the past 3 years has seen a sustained decline in female deaths by suicide to be 48%. t

Next Meeting:

- ▶ The next NJC Meeting is scheduled for November 22, 2016 from 12:00 to 3:00 p.m. at APWU HQ.