



**EMPLOYEE ASSISTANCE PROGRAM**  
*National Joint Committee*

**Committee Members**

Susan M. Carney, APWU  
Human Relations Director

Manuel L. Peralta, Jr., NALC  
Director, Safety & Health

Patrick M. Devine, USPS  
Manager, Contract  
Administration (NPMHU) &  
Employee Workplace  
Programs

**Ad Hoc Member**

Dr. Deborah J. Atkins, USPS  
EAP Administrator

The National Joint Committee (NJC) held a meeting on June 17, 2016 at the NALC Headquarters. Attendees included Manny Peralta (NALC), Sue Carney (APWU), Patrick Devine (USPS), Deborah Atkins (USPS EAP Administrator), and Bob McCullough (Magellan Health, Inc.) via phone.

**End of Month Report:**

Calls to the service center were 7,003 and there were 3,849 web hits, showing sustained increase in activity. Web-based counseling cases, which is a new service that rolled out on April 15, 2016, have been added to the monthly report, and totaled 199 cases. This monthly number will give us some unique perspectives as we look at quarterly numbers and are able to see activity in each of the available modules. The extent of reporting elements from web-based counseling will be researched.

There were 6 deaths by suicide in May. The NJC want to ensure next year that specific information is provided to all DACs well in advance of April/May (which are known to be our highest suicide months), so that suicide prevention efforts can be at a peak.

Lengthy discussion was held on the topic of the critical incident response to the tragedy in Orlando, the largest mass shooting in modern history and the worst terrorist attack since 9/11. Much outreach has been done locally to make sure employees have EAP access information. The EAP will continue to work with the district management, union, and DAC over the coming months to provide services as requested.

**Meeting Minutes:**

May meeting minutes were discussed at length. Consensus reached and the minutes will be posted.

**DAC item(s):**

No change to the Alaska DAC member composition.

**Review of April EAP Awareness Month Submissions:**

All submissions were thoroughly vetted using the criteria set out in this year's letter from the NJC to advisory committees. Awards will be purchased and sent to the district, also there will be a Special Edition of The Exchange distributed following the notifications.



USPS Employee Assistance Program  
**1-800-327-4968**  
(1-800-EAP-4-YOU) TTY: 1-877-492-7341  
www.EAP4YOU.com

## **Update of Silent No More Story Project:**

Details are being finalized as we update materials for a series of messages to go to the DACs and in EAP general distribution.

## **Advisory Committee Update:**

The changes made to the DAC guidelines. First, and foremost, the District Advisory Committee (DAC) Guidelines are now titled, Advisory Committee Guidelines. By our agreement, the Guidelines now apply to both the DACs and the Joint Committee Employee Assistance Programs (JCEAP) except where the original JCEAP MOUs control. A letter detailing the changes and the new guidelines will be sent to all committees, as soon as possible.

## **Review of JEAP Audit Progress:**

Review of any outstanding issues to the JCEAP audit of FY 2015. Items from the Detroit JCEAP and Philly JCEAP require some follow up. The NJC will also work on two recommendations where they are to follow up with the Philly JCEAP members, and where they are creating a standardized practice for both internal JCEAPs.

## **Other Items:**

Two remaining items were tagged as opening topics for the next meeting; one was discussion of EAP messaging with Safety and discussion about the Health & Wellness program.

## **Next Meeting:**

The next NJC Meeting is scheduled for July 13, 2016 from 12:00 to 3:00 p.m. at APWU HQ.