



EMPLOYEE ASSISTANCE PROGRAM
National Joint Committee

May 19, 2020 NJC Meeting - Hosted by APWU

Committee Members

Patrick M. Devine, USPS
Manager, Contract
Administration (NPMHU) &
Employee Workplace
Programs

Debby P. Szeredy, APWU
Executive Vice President

Manuel L. Peralta, Jr., NALC
Director, Safety & Health

Ad Hoc Member

Dr. Deborah J. Atkins, USPS
EAP Administrator

NJC Members present: Patrick Devine USPS
Manuel Peralta NALC
Debby Szeredy APWU
Eric Leslie NDBH
Mary Milner Assistant EAP
Absent Debbie Atkins

Scheduled Meeting WebEx 11:00 am – 3:00pm

Agenda as shared prior to the meeting:

1) Minutes

Review Status of Posted Minutes / Missing are January February, March and April of 2020.

Eric Leslie explained that these minutes are not posted because we do not have the letterhead. MLP requested commitment that the minutes shall be posted by 2 weeks from today if not on letterhead. We agreed that they shall be posted without letterhead if it is not available by 2 weeks from today. **(NJC Agreement)**.

2) Month End Report

Review data report for April 2020. Good numbers but reduction in talk space. Web chats high. Library topics - new items Disaster preparedness is the highest information. Recipes and dieting - while sheltering at home. Nurturing self and Covid-19 resource center. Covid-19 CIRs are down from 24 to 6. 1 Suicide in April.

Reasoning for drop in "Calls Managed, was explained and reason for largest web visitors and page views in USPS EAP history. Manny asked if there is a reason why Talkspace numbers drop to 137, February number was 276 and April is 137. Eric will get back with the answer. My Strength 369, CIR 26. Library Topic views related COVID -19 and self-care, EAP4YOU.com views, 13,188, web chats 103.

3) Suicide Prevention

Eric explained that the Covid-19 pandemic usually does not lead to a rise in suicide rates. Stressful times in the USPS usually is followed by spikes in suicides. We are trying to open more information and to prepare resilience. July Monthly Focus on Suicide and Domestic Violence, Mental Health First Aid. How do we identify pre-suicidal behaviors.

4) Web App Demonstrate App

5) DAC

Update on Spotlight Status - Discussed the reach out to the Honolulu DAC. Debby will draft Spotlight process.

Updating the DAC Member List

