Back to School Safely

Tips for keeping your school-aged children safe.

If children walk to and from school, it is important for them to stay in groups, stay on the route given and never take shortcuts.

Kids should never leave school with or take rides from anyone unless given permission by a parent, even if it is someone they know.

When riding a bike to school, a helmet should always be worn. Remind children to always get off their bike and walk the bike when crossing traffic. Respect traffic signals. Teach kids not to ride their bike after dark.

Make sure your child knows “safe havens” such as police stations, fire stations and retail shops. Inform them of the “right” strangers to seek out for help if they need it.

Your child should know important names and numbers of who to contact if needed.

If your child has to stay home alone, they should never tell anyone they are alone and should not answer the door. It is always a good idea for them to check in with you at a certain time while they are on their own.

For more tips to keep kids safe, reach out to your EAP.