

Your EAP has *orientations.*



First Friday Orientation Sessions

Would you like to know more about the benefits and services offered through your Employee Assistance Program (EAP)? The EAP hosts a free, online orientation session for Postal employees on the first Friday of each month. USPS employees are invited to join by registering via our EAP Orientation Page through EAP4YOU.com. Each session offers important information on how the USPS EAP works, as well as how you and your family can utilize services to remain happy, healthy and productive. Is it Friday yet? To learn more, sign up. For help getting registered call the EAP.

Your EAP is here for you around the clock. Professionals are ready to take your call at:
800-327-4968 (800-EAP-4YOU) or TTY: 877-492-7341.