



District	North Carolina	Meeting Date	07/25/2024
Location	Zoom		
Submitted By	Doris Reed	Meeting Time	09:00AM
Submitted At	08/15/2024	Next Meeting	09/25/2024

Attendees

Doris Reed, Sheena Hazel, Margaret Ford (PCES Plant Mgr RPDC) Brian Allen EAP Consultant, Dr Latricia Ruff, EAP Consultant, Eddie Davison, NBA NALC, APWU, Tony McKinnon, Mary Bumbrey, Tanya Freeman, Rosemary Gladden, NPMHU Cynthia Brown, Maurice Wallace, Desiree Pettaway, Tara Washington, Gwendolyn Bethea, Tawana Smith and Bridget Poole NALC - Ken Hewitt, Mike Borneman, Timothy Mangum, Andrea Fettas, Wayne Green,

Absentees

Absent: NALC Jonathan Danielson, Jennifer Garcia, Sylvan Stevens, Mark Wilson; APWU Betty Guess, Delanie McElrath, Daniel Mathews, Hank Anderson, NPMHU Jazmine Simpson.

Meeting Minutes

Discussion: The DAC meeting was held via zoom on July 25, 2024. The meeting began at 9:05am with Doris Reid, District Manager presiding. Doris Reed introduced our guest and gave them an opportunity to speak to the DAC. Following their comments they left the zoom meeting, and the DAC continued the meeting with Doris Reed as the facilitator. Doris Reed stated that the DAC members would receive a 30 -60-day notice for the meeting instead of their supervisor or manager notifying them of the DAC meeting. She stated that we will need to a chairperson for the DAC. She emphasized that we must focus on the various ways we can promote EAP and that the DAC is neutral, we are to help people when they cannot find a solution. Brian Allen, EAP Consultant gave an oral utilization report. It referenced that most of the employees who came to the EAP counselors were for 1. Stress 2. Depression and 3. Workplace issues. Tony McKinnon asked if the stress and depression was related to workplace issues and the answer was mostly. However, the issue of mental health was discussed along with the fact that the younger or new employees more willing to use EAP than the employees with more service. It was also discussed that there may be a generation gap responsible for the younger or newer employees using EAP more than postal employees with a lot of service The EAP consultants told the DAC that the EAP website can be useful for obtaining literature about DAC. The EAP consultants informed the DAC that there are services the employees can utilize from the website. Tony McKinnon asked Doris Reed if the DAC will ever meet in person and the answer was yes but right now, we are reestablishing the DAC. Eddie Davidson, NBA from the NALC was present and spoke to the group. Doris Reed mentioned that a NBA from APWU had been invited but was not present. Tony McKinnon informed the group that the APWU National Human Director appointed all the APWU members to the DAC. Doris Reed reiterated that we need a chairperson and that the position would be rotated. She also stated that we needed a secretary, and that position would not be on a rotating position. Ken Hewitt volunteered to be Chairperson. Gwen Bethea Co-Chair, Tim Magnum volunteered for recording secretary, Tanya Freeman and Rosemary Gladden volunteered to serve as back-up. The meeting ended at 10:22am.